



10th June 2020

### Cornwall 'Virtual' School Games 2020

Dear Parents,

Welcome to the first ever **Cornwall Virtual School Games!** #CornwallVSG2020.

We are excited to be a part of this year's Games... **with a twist!** Although we won't be going to the host venue, Poltair School to celebrate the amazing sporting achievements of our young people, we will be coming together to get active, focus on wellbeing and take on some active challenges! The best part? Everyone can get involved!

There will be a week of sports based physical activity challenges that all children can get involved in. The challenges are suitable for primary aged children and have ideas for adaptations to suit all abilities, making them inclusive for all.

The challenges will be released between now and 'Games Week' so you can get practising. Keep an eye out for challenges posted on Class Dojo and the school website. The challenges include:

- **Monday 22nd** - Athletics
- **Tuesday 23rd** - Bowls/Boccia
- **Wednesday 24th** - Gymnastics
- **Thursday 25th** - Ball Sports
- **Friday 26th** - Tennis

As well as the above, there will also be a separate task running throughout the whole week called 'Making up the Miles'. This will involve walking, running, cycling, skating or scooting to collect as many miles in distance as you can.

On the next page you will find specific information about how to participate and how to submit results.

We hope to get as many families (and teachers) involved as possible to earn your year group and school some points! Good luck, and most importantly... **have fun!**

Yours sincerely,

Mr Davies.

Heamoor CP School, Bosvenna Way, Heamoor, Penzance, Cornwall, TR18 3JZ.



Headteacher Mrs Jodie Flynn



school achievement award  
Department for Education and Skills



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### How do participants score points?

Children can score points by completing activities which combine together to make a total for their year group – the more they complete, the more points they will get for their school, so encourage them to get stuck in to as many of the challenges as they want!

As well as scoring points through completing the activities, we are also looking out for other ways to reward those who are taking part in the Virtual Games. Here are alternative ways participants can gain points:

Bonus points can be achieved by tagging Cornwall School Games on Facebook @CornwallSchoolGames with any of the following:

- 1 point for a photo of you completing a challenge
- 1 point for every family member and year group teacher who tries the challenge in the photo
- 1 point for completing it in fancy dress
- 1 point for posting a video telling us how you have engaged with one of the 5 Ways to Wellbeing:  
Take Notice, Be Active, Give, Connect & Keep Learning.

It's important that participants remember to include their name, year group and school name so points are awarded to the correct participant!

### How do participants submit their results?

- Individual participants should fill in the Cornwall Virtual School Games results form that will be available to you nearer the time.
- This form has a page for each day's results. The results for that day should be **filled in by 4pm on that day**. For example, Monday will be athletics challenges. Participants should complete their challenges and then submit their score using the results sheet. On Tuesday, they will do the same but bypass the athletics section and move onto the Bowls/Boccia section to submit their results.
- There is also a page at the end to submit results for the 'Making up the Mile' challenge which runs throughout the week. Scores for this challenge should be tallied up throughout the week and a final score submitted on Friday 26<sup>th</sup> before 4pm.
- Any results that are not submitted on the correct day or after the closing deadline will not count.

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