## 1.6 IF THIS IS THE ANSWER

**Objective:** Write mathematical statements using +/-/=.

## Instructions

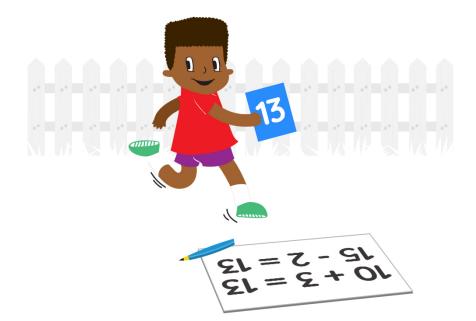
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- 1. Make a set of 1 to 20 number cards. Spread them out face down on the floor.
- 2. Turn one card over. This is your target number.
- 3. Write down two number sentences that give your number as the answer. So, if your card was 13, you might write 10 + 3 = 13, and 15 2 = 13, for example.
- 4. Choose a favourite exercise activity, such as shuttle runs, bunny hops or star jumps etc.
- 5. Complete the target number of that activity. So, if you picked 13 and chose shuttle runs, you would need to do 13 shuttle runs.
- 6. Continue playing until you have picked 5 cards and chosen five different exercise activities.

## Challenge

Can you think of five ways to make the target number each time?



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