



4<sup>th</sup> April 2019



Dear Parents,

**YEAR 5 SWIMMING – Summer Term 2019**  
**Each Wednesday from 24<sup>th</sup> April – 22<sup>nd</sup> May**

The children will either walk or be transported to and from Penzance Leisure Centre and be escorted by members of staff from the school for this swimming block. Instruction will be undertaken by fully trained and qualified coaches.

The school expects that all children should attend all the sessions unless there are strong reasons to the contrary. (If this applies to your child, please contact the school as soon as possible).

Guidelines from the Leisure Centre have been forwarded to the school, summarised as follows:

- Always walk in the changing room areas and poolside.
- Clothes should be placed in a suitable bag and stored neatly in the changing rooms.
- Before entering the pool area, all pupils must shower, go to the toilet and blow their nose!
- Costumes – Boys will wear trunks or shorts (shorts must be above the knee and done up tightly). Girls will wear a one-piece costume (bikinis are not advised).
- Earrings and jewellery – not to be worn.
- Hair – long hair must be tied back (a swimming hat may also be worn).
- Tummy aches/upsets – no public swimming unless clear for 48 hours.
- Ear aches – no swimming for anyone suffering with earache. (children need to inform staff if they have grommets).
- Remember a clean dry towel.
- Swimming goggles can be brought.
- Swimwear should not be worn under school uniform, children need to change at the leisure centre.
- **Cost is £2.50 per session.**

We regret that we cannot accept responsibility for any lost articles.

Yours sincerely,

Mr B Davies

