## 7.3 EXERCISE CHALLENGE!

## Instructions

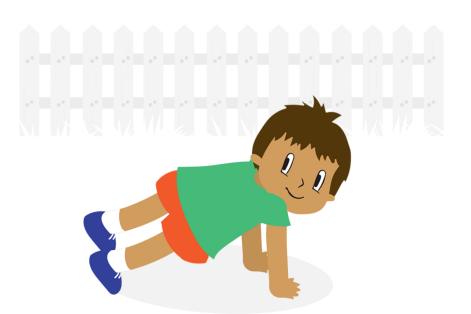
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- 1. Complete four physical challenges for 30 seconds each to generate four numbers, such as press ups, jumping jacks, sit ups and tuck jumps, for example.
- 2. Add the four numbers together.
- 3. Subtract the smallest number from each of the higher ones.
- 4. Find if any of the numbers can be divided equally.
- 5. Finally multiply and divide each number by 10, 100 and 1000.

## Challenge

Find as many ways of making each number as you can. For example, for the number 72 you might note that  $9 \ge 8 = 72$ , and 90 - 18 = 72, etc.



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