



'INSPIRE FOR LIFE'

...collaborating to inspire a generation into a healthy active lifestyle

Penwith PE Cluster - End of Year Review

The PPE Steering Group made the decision to contribute £5000 of funding from the PE Premium for the 2017/18 and for the 2018/19 academic year.

The cluster not only provides the below programmes, experience and events, it also enables PE / Sport Networking with over thirty meetings in the PPE cluster since the beginning of the PE Premium funding. Schools receive support and important documents to upload to their websites as per requested by government. Schools also receive support to ensure they improve against the 5 key indicators.

All the cluster schools achieve the School Games Mark in 2017.

Physical Education

Continue to develop on previous years to improve high quality teaching, increasing physical activity and engagement, with cross curriculum links. A recurring theme across the schools was that PE lesson plans and assessment was inconsistent at times. The PE leaders were keen to find resources that would help ensure that all teachers had easy to use and understand. On behalf of the cluster two schools piloted the Arena SOW (**Cornwall SOW**). Having shared and consulted with both the PE leaders and steering group it was agreed to roll out the Arena SOW across the eleven schools from there a tutor attended a PE leader session to launch the SOW. All schools were given access to the SOW and available to download.

PE leaders agreed this was easy to use for less confident as well as the more experience PE specialists. It also enabled a consistent assessment across the school.

We have developed PE through **various programmes** including gymnastics, surf safety, cricket and Cornish Pirates. These programmes run a block of work in and outside of school to help develop both teachers and pupils.

Balance Ability was delivered to over 300 pupils in the cluster. Balance is a series of school based sessions that aims to achieve basic cycling balance for

children in Reception and Year 1. It involves fun games carried out on balance bikes (bikes without pedals) to develop handling and awareness. Evidence shows that more children learn to cycle this way and much more quickly than by using bikes with stabilisers. This will provide children with a positive early experience of being on two wheels and give them the skills that they need to take part in Bikeability in the future.

Maths of the day is a subscription our cluster pays for to increase engagement in maths lesson and increase the physical activity levels within the school curriculum. MOTD has contributed to ensure all children in school are receiving 60 active minutes each day. Since piloting this resource a three years ago it has helped school increase the quantity of mathematical work completed, progress and understanding.

STEP intervention programme based around the fundamentals and physical literacy to develop the core skills required to learn in the classroom. Funding £5000 for each year of a 2year programme for Schools will be sent an implementation pack which provides guidance on selecting pupils. A STEP Support Officer will also provide advice. This programme has been secured for the new academic year.

Competition

Sustain improvement in school PE/Sport that increases participation levels in physical activity and leads to healthier pupils. We have run over ten different festivals this year, so although competitive sport is at the heart of the school games these festivals enables competitive matches without the results. We will continue to grow our festival programmes where there is a need in specific sports.

BIG Splash

Schools were given the opportunity to put two staff through the **NCTP swimming course**. Enable further support to pupils whilst in swimming lessons, these TAs / teachers gained the qualification that enables them to teach school swimming and/or support the swimming teachers at the various leisure centres.

Top-Up swimming was run to help schools with year 6 (Year 5) pupils that are unable to meet the 25m standard. A week long programme of 40minute sessions were run by two swim teachers to over 50 pupils. Next year we will advance this programme at St Marys pool each term.

Swimming festival and Aquathlon took place in the summer term, this gave opportunity to those pupils who have succeeded in swimming in the academic year, but are not of a level to compete at the Penwith School Games event.

We will continue these events next year and run a Aquathlon in Sept, Oct, May, June and July.

The feedback from schools was very positive with some schools stating pupils who took part weren't even able to swim in September. The schools have seen some of these pupils grow in confidence immediately after the festival gala.

Leadership Programme

We delivered the **playground leaders** qualification to all schools with over 150 pupils gaining the qualification. These leaders are then utilised in breaktime and after school activities. They are most effective when used and supported by a TA / Lunchtime supervisor running additional activities for the less active pupils.

The pupils receive training to lead younger pupils in structured, fun games at lunchtimes. The project has had a massive impact with better behaviour at lunchtimes because pupils are actively engaged in activity, schools have reported the leaders' confidence and self esteem has risen.

Primary High Performance

The **high performance** aspect is for the gifted and talent sports pupils from our cluster. Each school can send up to 4 pupils to the half termly events. The session range from i.e. what it is to be an Olympic athlete, CrossFit Penzance and beach fitness on Marazion.

The programme is to help advance these pupils and give them confidence in their performance and school / sport life balance. They have gained experience with working alongside the Mounts Bay HPP pupils.