



Heamoor School Swimming Programme 2018/19

This year we have decided to add to our swimming programme in an effort to increase the number of pupils able to swim a minimum of 25metres. We continue to offer swimming as part of the PE curriculum as standard and we now offer additional sessions throughout the year on a weekly basis for those children who need additional support.

Rationale

All pupils receive continuous swimming tuition for at least 2 terms as soon as they join the school. We are a county surrounded by water and therefore it is extremely important that our children can swim and are confident in the water. We also provide additional sessions for our older children in Year 2 and upper key stage 2 at the end of the summer term to revisit of their skills before they move on to their next key stage. Alongside this we run the '25 Club' which is an ongoing intervention to ensure that weaker swimmers or those making slower progress have the opportunity to reach the goal of 25 metres before they leave our school. This is funded through the PE premium.

Swimming as part of the PE Curriculum:

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Reception	Reception	Reception	Year 5	Year 6

Swimming Intervention:

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
25 Club	25 Club	25 Club	25 Club	25 Club	25 Club

Instructors

Helen Jones is an experienced HLTA and leads all swimming sessions in order to monitor and track progress. Our HLTAs in Reception have also attended a two-day training course in swimming instruction to ensure our children receive high quality coaching.

Year 5/6: surfing

We have planned that our Year 5 and 6 children should have an opportunity to be taught to surf by qualified instructors.

These children will also attend a **2 day surfing lesson** which will give them experience of sea swimming and heighten their understanding of the potential dangers.