

# PE ACTION PLAN

YEAR 2024/25

**PRIORITY:** Heamoor School is to be compliant with National Curriculum objectives

**LEADER: SCOTT MARKHAM**

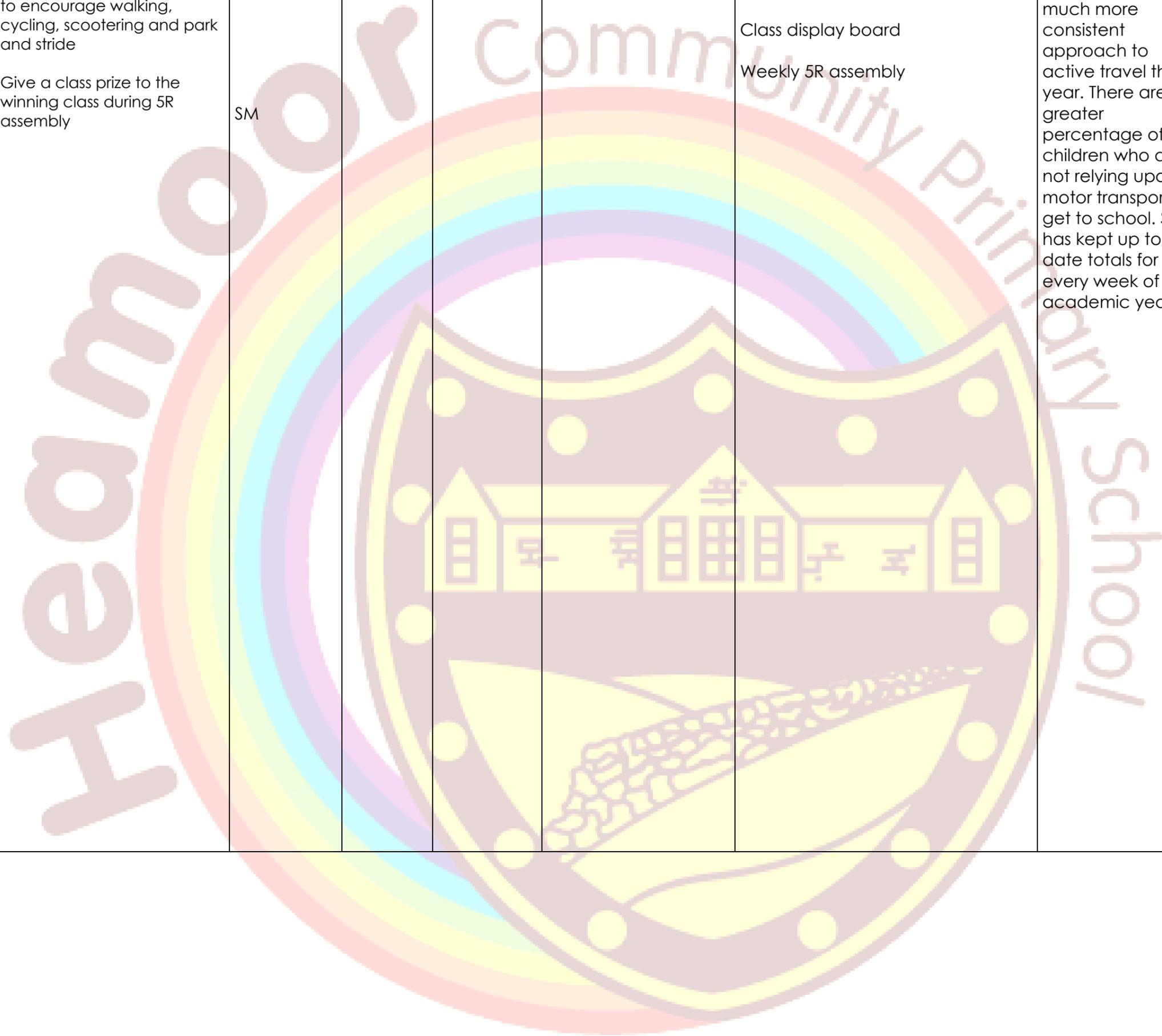
**TARGETS:**

- A. Increase activity levels of all children during breaktimes and lunchtimes
- B. To encourage more active levels of travel to and from school
- C. To ensure that all children have access to swimming lessons and that 90% of Year 6 children reach the national curriculum attainment

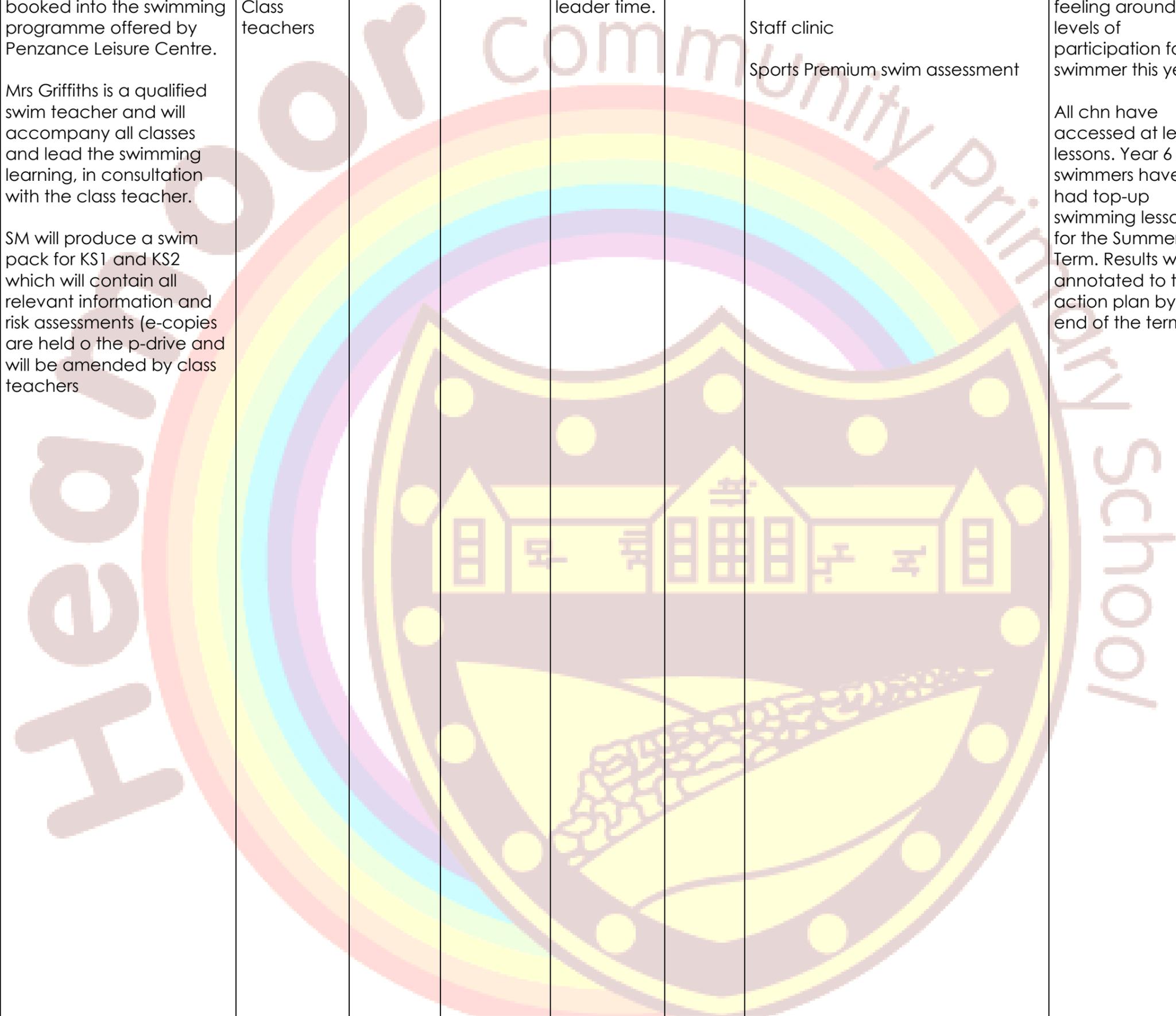
**KEY ASPECTS:**

Success criteria	Action(s) to be taken	Who is responsible?	Who is involved?	Start/ finish dates	Resources: Time, copying, class assistant etc.	Monitoring of implementation	Evaluation against success criteria		
<p><b>A</b> Success is:</p> <ul style="list-style-type: none"> <li>Increased participation rates in physical activities.</li> <li>At least 50% of children engaging in organised games.</li> <li>Increased leadership and social skills observed.</li> <li>Improved awareness and uptake of activities available.</li> </ul>	<ul style="list-style-type: none"> <li>Implement structured 'Active Play' zones with different sports and games.</li> <li>Organise staff-led and playleader activities and games during lunchtime</li> <li>Introduce a 'Play Leaders' initiative where older students lead activities.</li> <li>Use visual prompts (banners, posters) to encourage/playleaders/parliament to encourage participation in different activities.</li> <li>Implement k-a-day</li> </ul>	<ul style="list-style-type: none"> <li>JB/SM</li> <li>JB/SM</li> <li>SM</li> <li>SM</li> </ul>	All staff/chil dren	<ul style="list-style-type: none"> <li>Phase 1 of lunchtime provision to be implemented by Spring 2.</li> <li>Phase 2 to be implemented by September 25</li> </ul>	Full breakdown of resource spend to be added to SP document.	<ul style="list-style-type: none"> <li>SM/JB to monitor active participation</li> <li>Pupil conference (School Council and School Parliament)</li> <li>Staff clinic feedback</li> </ul>	Phase 1 of the new lunchtime provision was implemented during Spring 2 term. Pupil conferencing via School Council and School Parliament has shown and overwhelmingly positive reaction to the new sports/games and activities. Ther is also high levels of praise for the k-a-day	Who? SM	When? Spr 2

<p><b>B</b> Success is:</p> <p>Over 70% of the school community will travel to school without parking in the vicinity of the school grounds</p>	<p>Utilise the SSUSTRANS initiative to encourage walking, cycling, scootering and park and stride</p> <p>Give a class prize to the winning class during 5R assembly</p>	<p>SM</p> <p>SM</p>		<p>Ongoing</p>	<p>Subject leader time</p>	<p>Pupil feedback</p> <p>Class display board</p> <p>Weekly 5R assembly</p>	<p>There has been a much more consistent approach to active travel this year. There are a greater percentage of KS1 children who are not relying upon motor transport to get to school. SM has kept up to date totals for every week of the academic year.</p>	<p>SM</p>	<p>Jul 25</p>
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<p><b>C</b> Success is:</p> <p>All children will attend a block of swimming lessons and have an assessment carried out. This record will be held and maintained by the PE co-ordinator</p> <p>Children and stakeholders will be able to recognise and articulate what it means to be a healthy learner</p>	<p>All classes are to be booked into the swimming programme offered by Penzance Leisure Centre.</p> <p>Mrs Griffiths is a qualified swim teacher and will accompany all classes and lead the swimming learning, in consultation with the class teacher.</p> <p>SM will produce a swim pack for KS1 and KS2 which will contain all relevant information and risk assessments (e-copies are held on the p-drive and will be amended by class teachers</p>	<p>SM/JB/MG/ Class teachers</p>		<p>Summer 2</p>	<p>Subject leader time.</p>		<p>Pupil feedback</p> <p>Staff clinic</p> <p>Sports Premium swim assessment</p>	<p>There is a positive feeling around the levels of participation for all swimmer this year.</p> <p>All chn have accessed at least 5 lessons. Year 6 non-swimmers have had top-up swimming lessons for the Summer Term. Results will be annotated to this action plan by the end of the term.</p>		
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## Overall evaluation of progress:

There has been a strategic shift in focus to support our less active pupils during breaktimes, with a significant increase in opportunities for all children to engage in physical activity. The introduction of the "K-a-Day" initiative has played a key role in supporting pupils' emotional regulation, enabling them to return to the classroom in a calmer and more focused state. Since the implementation of the Zones of Regulation and the relocation of activity stalls, incidents of poor behaviour has been extremely rare. Further phases of this initiative are planned for implementation during the 2025–2026 academic year.

As a school, we have also fostered a more positive attitude towards active travel and reducing car use. "Walky, Wheely Wednesday" has been a notable success throughout the year, particularly in Key Stage 2, where there has been a marked increase in the number of pupils travelling actively to school. In addition, the Summer Term Scooter Club has proven highly popular and continues to encourage children to scoot to school safely and confidently.

We have made a substantial investment of time and resources to ensure that all pupils develop confidence and competence in water safety. All Key Stage 1 classes have participated in a full term of swimming lessons. Pupils in Years 4 and 5 have completed half a term, while Year 6 pupils have undertaken half a term in addition to a full term of top-up swimming provision. The benefits have extended beyond physical development; we have observed notable improvements in pupils' organisational skills and independence (getting changed independently is definitely a skill that we value) . Furthermore, Key Stage 2 pupils have developed increased stamina through walking to and from the swimming pool, contributing positively to their overall fitness and resilience.

## Further action required:

All these actions have been achieved but will need to be regularly monitored by the PE co-ordinator during the 25/26 academic year.

The development of our active offer during lunchtimes and breaktimes will continue to be a high priority.