

Allergen Matrix

Heamoor October 2025



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Pri Potato Wedges (Homemade)														
Pri Apple & Raspberry Crumble & Custard					✓ <i>Oats, Wheat (Barley*, Rye*)</i>		✓							?
Pri Apple Muffin			✓		✓ <i>Wheat</i>									?
Pri Baked Beans														
Pri Baked Half Jacket Potato														
Pri Baton Carrots													✓	
Pri Beany Jollof Rice													✓	
Pri Black Bean and Mozzarella Quesadilla					✓ <i>Wheat</i>		✓		?				✓	
Pri Breaded Fish 60g				✓					?					



Celery



Crustaceans



Eggs



Fish



Gluten



Lupin



Milk



Molluscs



Mustard



Nuts



Peanuts



Sesame



SO2



Soya

Pri Broccoli Fresh														
Pri Broccoli, Bean & Cauliflower Cheese Bake					✓ <i>Wheat</i>		✓		✓					?
Pri Cajun Butternut & Bean Burger					✓ <i>Wheat</i>							?	✓	
PRI Cauliflower Fresh														
Pri Chips														
Pri Chocolate Cookie					✓ <i>Oats, Wheat (Barley*, Rye*)</i>									?
Pri Chocolate Mousse & Fruit Pot							✓							
Pri Chocolate Shortbread					✓ <i>Wheat</i>									?
Pri Coleslaw (Prepped Veg)			✓						✓				✓	
Pri Devon Beef Bolognese ONLY													✓	
Pri Devon Beef Burrito					✓ <i>Wheat</i>				?				✓	



Celery



Crustaceans



Eggs



Fish



Gluten



Lupin



Milk



Molluscs



Mustard



Nuts



Peanuts



Sesame



SO2



Soya

Pri Devon Pork Burger & Ketchup



Wheat



Pri Devon Pork Chipolata Sausages



Pri Fine Green Beans

Pri Fish Fingers



Wheat

Pri Fishcake



Wheat



Pri Flapjack



Oats
(Barley*,
Rye*,
Wheat*)

Pri Fresh Fruit Salad

Pri Homemade Focaccia Bread



Wheat



Pri Homemade Garlic Focaccia Bread



Wheat



Pri Ice Cream & Fresh Fruit



Pri Iced Sponge



Wheat





Celery



Crustaceans



Eggs



Fish



Gluten



Lupin



Milk



Molluscs



Mustard



Nuts



Peanuts



Sesame



SO2



Soya

Pri Noodles



Wheat

Pri Peach & Apple Cobbler with Custard



Wheat



Pri Peas

Pri Pepperoni Pizza



Wheat



Pri Pesto Pasta



Wheat



Pri Plant Based Strawberry Jelly

Pri Roast Gammon

Pri Roast Pork Leg

Pri Roast Potatoes



Pri Roast Turkey

Pri Salad (Sticks - Carrot & Cucumber)



Celery



Crustaceans



Eggs



Fish



Gluten



Lupin



Milk



Molluscs



Mustard



Nuts



Peanuts



Sesame



SO2



Soya

Pri Salad (Tomato, Cucumber & Iceberg)														
Pri Salmon Fingers					 <i>Wheat</i>									
Pri Shredded Savoy Cabbage														
Pri Sliced Carrots														
Pri Spinach & Potato Spanish Omelette														
Pri Strawberry Mousse Whip														
Pri Sweet & Sour Chicken														
Pri Sweetcorn														
Pri Tomato & Cheddar Cheese Pasta Bake					 <i>Wheat</i>									
Pri Vegan Bolognese ONLY														
Pri Vegetable & Butterbean Chilli ONLY														



Celery



Crustaceans



Eggs



Fish



Gluten



Lupin



Milk



Molluscs



Mustard



Nuts



Peanuts



Sesame



SO2



Soya

Pri Vegetable & Mixed Bean Casserole

Pri Vegetable and Chickpea Curry

Pri Vegetable Fajita

Pri Vegetable Filled Pitta with Yoghurt & Mint Sauce

Pri Vegetarian Hot Dog

Pri Vegetarian Toad In The Hole

Pri Wedges

Pri White & Wholegrain Rice

Pri White & Wholewheat Penne

Pri Wrap Cheese

Pri Wrap Ham



Wheat



Wheat



Wheat



Wheat



Wheat



Wheat



Wheat



Wheat





Celery



Crustaceans



Eggs



Fish



Gluten



Lupin



Milk



Molluscs



Mustard



Nuts



Peanuts



Sesame



SO2



Soya

	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Pri Wrap Tuna Mayo			✓	✓	✓ <i>Wheat</i>				✓					
Pri Yorkshire Pudding Vegetable Cottage Pie			✓		✓ <i>Wheat</i>		✓							

13/10/2025 14:54

🔍 May contain ✓ Does contain

*Allergens in brackets are a May Contain.