# 'INSPIRE FOR LIFE' ...collaborating to inspire a generation into healthy active lifestyles



#### <u>PET PE Subject Leaders</u> (Action Plan)

Through the support of your schools a programme of events have been put together to extend the range of provision, opportunities and CPD on offer. Using the number of YST training days that have been provided by joining as Full Primary member schools across for the PET PE Primary Schools.

The workshops / events included in this programme have been arranged from the results of the initial audit carried out in Sept/Oct with HTs and Subject Co-ordinators. The schedule below is designed to show you what opportunities have arisen and coming up in the summer term.

Across the country schools are now developing more clusters pooling their PE Premium as the best example to utilise the funding. Ofsted have been very interested in partnerships that have been developed in recent inspections, ensuring that the funding is being utilised.

Any additional projects or CPD that staff would like to see in place then please get in contact. Now moving into our 2<sup>nd</sup> year we are looking to continue to develop the PET PE with the funding now guaranteed until 2020.

Please remember not everything needs to be completed for your school, but is made available to your school. Something's will obviously be completed by all schools e.g. YST modules, Me and My Lifestyle

#### **ENSURE PE AND SPORT IS DISPLAYED ON YOUR SCHOOL WEBSITE**

Who	Event	Date & Time	Venue	Action	<b>√</b> /X
Subject Co- ordinators	ME and MY LIFESTYLE Series of online survey tools linked with SIMs data, enabling your school to show impact of the PE premium. Measure the impact across the 12 schools. E.g. Shows level of activity in and out of school	September		Get whole school pupils to complete.	
YST Member Schools	Module 2 Looking at the quality of teaching and learning within Physical Education and key considerations if sport coaches support curriculum time. Reviewing Ofsted guidance and the teacher standards framework in addressing your priorities	26 <sup>th</sup> Sept	Penzance Leisure Centre (TBC)	Book onto course to NE Re-Invoice for cover (£180)	<b>✓</b>
	Module 3 – Subject Co-ordinator Planning an effective appropriate curriculum for the learners in your school. The process of what, when and how to plan and implement an appropriate curriculum for the leaders in your school.	28 <sup>th</sup> November	Penzance Leisure Centre (TBC)	Re-invoice PET cover cost (£180)	
	Module 4 – Subject Co-ordinator TBC	9 <sup>th</sup> January	Penzance Leisure Centre	Re-invoice PET cover cost (£180)	
	Module 5 –Subject Co-ordinator TBC	Spring	Penzance Leisure Centre	Re-invoice PET cover cost (£180)	

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	Module 6 –Subject Co-ordinator TBC	Summer	Penzance Leisure Centre	Re-invoice PET cover cost (£180)	
	YST Login Website / Quality Mark Go onto the YST website and register. Complete quality mark (short questions on PE) by: e.g. whole staff meeting / HT and Subject Co. / individual	Summer Term	School	Register / complete Quality Mark, send to NE	
Sports Leaders	Primary Sports Leaders Training 1 Initial Sports Leaders Training with Specialist Tutor Fiona Holmes. Generic sports leaders skills. Leaders to go back to school and share ideas	19 <sup>th</sup> Sept (either 10- 12 or 12.30-2.30)	Marazion	Choose appropriate leaders 4per school	<b>✓</b>
	Sports Leaders Training 2 Developing and building upon leadership skills. What have we done? What can we do? Fiona Holmes	Jan 23 <sup>rd</sup> (either 10- 12 or 12.30-2.30)	Marazion	Arrange pupils to event	
	Primary Sports Leaders 3 (Event) To put into practice their leadership skills in organising and running an event.	July 10 <sup>th</sup>	Mounts Bay	Pupils will be trained and then lead event	
Up Skilling for teachers	Gymnastic Offer School Club Link with Penzance Gymnastic Club. Programme to be distributed separately. Building upon 2013-14 offer for schools and building physical skills in pupils.	Winter / Spring Term	Your School and Gym Club	Arrange dates, teona@penz ancegymclu b.co.uk	
	British Gymnastic Members BG member school; access to a variety of self-help tools and resources which will assist you with the development of curricular and extra-curricular gymnastics	2013/14		NE – to sign up all schools collectively	/
	Tennis Club Link Continued from summer project Tennis Club to set up a taster day for your school. Fun day for your school at the Club. CPD workshops for staff	Summer (Work shops TBC)	School / Tennis Club	Liaise with Martin Coates	
	Swimming Assistant Training Module National Curriculum Training Module 1 And 2 KS 1 / 2. To be equipped to actively assist and/or support a more qualified teacher in the teaching of a range of core aquatic skills to a small similar ability group	12 <sup>th</sup> September 9.00-3.00 (In Water 10.00- 11.30)	PZ Leisure Centre	Select Teacher / TAs that assist swimming etc	<b>√</b>
	Swimming Training Module 2 Once completed the holder will be equipped with skills to plan evaluate. To teach without supervision a range of skills to	Day 1 16 <sup>th</sup> Oct 9.00- 1.30, Day 2 13 <sup>th</sup> Nov 9.00-1.30	PZ Leisure Centre	Select Teacher / TAs that assist swimming	/

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groups within a school swimming				
programme.				
Dance CPD Programme Day 2	25 <sup>th</sup> Nov	Humphry	The two	
how to use a whole range of	9.00-3.00	Davy School	teachers	
sources to develop dance ideas.			selected to	
How do we compose and create			attend over	
dance using photographs,			the project	
newspapers A highly practical,			(invoice	
cross curricular and creative day.			cover)	
Dance CPD Programme Twlight 2.1	25 <sup>th</sup> Sept	Tremenherre	The two	
How to use professional dance	1.00 – 4.00	Gardens	teachers	
video as a starting point for			selected to	✓
creating dance ideas.			attend over	
			the project	
CPD Programme Twlight 2.2	TBA		The two	
Improvisation approaches- how do			teachers	
we encourage our children to be			selected to	
able to improvise and create			attend over	
dance ideas successfully?			the project	
Dance CPD Programme Day 3	14 <sup>th</sup> Jan		The two	
How do we plan dance	9.00-3.00		teachers	
	7.00-3.00		selected to	
programmes successfully? How to			attend over	
make what we are doing better,				
encouraging children's critical skills			the project	
and personal learning and thinking			(invoice	
skills, looking at assessment within			cover)	
dance, providing evidence.				
Extending dance opportunities for				
gifted and talented children.				
Dance CPD Programme Twlight 3.1	3 <sup>rd</sup> Feb		The two	
Boys dancing- how to encourage	3.30 – 5.00		teachers	
and develop successful dance			selected to	
work with boys			attend over	
			the project	
Dance CPD Programme Twlight 3.2	3 <sup>rd</sup> Mar		The two	
Using dance as a way of exploring	3.30 – 5.00		teachers	
other cultures within the curriculum			selected to	
			attend over	
			the project	
Dance CPD Workshops	3 per	Your School	Arrange	
Three half-day workshops in each	school		Dates	
school per year during the year for				
that allow specific processes to be				
demonstrated with actual class				
groups- these workshops can				
involve dance practitioners from				
other styles and disciplines if				
required, organised by Antony				
Cornish Pirates	TBA	Your School	Arrange	
See PET tag rugby and invasion	15/ (	1001001	with George	
game development programme			Community	
from Cornish Pirates			Coach	
Football Festivals Mix	9 <sup>th</sup> Oct,	MBA 3G	Enter	
Series of football festivals at MBA				
r senes or roorodii restivals at MBA	20th Nov,	Pitch	festivals with	./
			Kay I	v
with Development Officer Kevin Lawrence. 4	12 <sup>th</sup> Jan, 12 <sup>th</sup> Feb		Kev L	•

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Sporting Offer	Football Festivals Girls Only Series of football festivals at MBA with Development Officer Kevin Lawrence. 2 Develop a girls only football club 4.00-5.00 Thursdays.	4 <sup>th</sup> Dec, 12 <sup>th</sup> Mar	MBA 3G Pitch	Enter festivals with Kev L	/
	Gymnastic Competition Two competitions, one for club pupils and one for non gymnast (e.g. beginners)	21st May	Pz Gym Club	Enter Teona Pz Gym	
	Rugby Cornish Pirates to develop a PET tag festival to involve the club coaches developing the pathway for pupils	TBA	Penzance Rugby Club	George – community coach	
	Multi Skill Festival To be run by the sports leaders in their final leadership training	10 <sup>th</sup> July	MBA 3G Pitch	Fiona Holmes / Neil Eddy	